

What to take with you to the Åland Islands for the  
**2012/5<sup>th</sup> International Conference on Russian America**  
&  
**1<sup>st</sup> Åland/Finland International Conference on Russian America**

To be checked off when packing  
“absolutely necessary”:

- 1) a) your valid Passport, with your valid Visa  
b) all your travel tickets,  
c) a valid second identification paper with attached photo
  
- 2) a) all necessary medicines needed,  
b) prescription ones in particular, as they cannot be obtained here without a visit to a local MD
  
- 3) a) your own individual toilet case

Note 1: as you know, Autonomous Åland Islands consist of 6757 islands of at least ¼ Hectare in size. The large Åland Mainland Island is one such island. This island is surrounded by several name-carrying clusters of other islands, such as the municipalities of Kökar, Föglö, Brändö etc. Each island-cluster include numerous other islands, some inhabited, others not, as well as skerries and barren cliffs. In some instance these are connected by bridges, if not, then often by a string of smaller car carrying ferries. We will visit by ferry the historically quite unique Kökar Islands.

We also sent requests for “just right” warm and sunny weather, but haven’t yet heard if our order was received and filled. Therefore, as daily changing weather-conditions and on occasion multiple changing weather-conditions and temperatures are hard to predict in advance, and as our excursions will take us to various sites, many situated at variable terrains:

Note 2: these outings are not the staging of individual “Fashion Shows!,” so please, try to adhere to our suggested clothing-attire to be worn by men and women alike, or packed into individually carried suitable **backpacks** at conference excursions, all which are also quite OK to be worn while at the conference sessions:

- 4) to keep dry and warm:
  - a) some **practical water proof rain gear**, including head cover, umbrella (sometimes quite useless in strong wind and wind-driven rain)
  - b) practical and **comfortably broken-in flat non-slip-sole** (rough) walking shoes, you will not end up crying floods over if they get wet, muddy, or dirty. Please bring **no** high-heeled shoes, not even for the Gala Dinner.
  - c) practical and **comfortable older long pants**, not intended for “city” use, but suitable for outings most **preferably light colored** or old and grubby Jeans, wind/water proofs, duck or any old ones you intend to discard the following week and will not shed tears over if they get wet, get spots, or get holes. You know: will protect you from those ever

present ticks, and sundry such, which you yourself judge will keep you warm when needed, cool when needed, and comfortable as desired and you can sit down in at any grubby outdoor place.

5) one to two pairs of practical **warm socks** into which the ends of those pants can be stuffed to stay there.

6) a practical and **warm old sweater/cardigan/sweat shirt**, preferably a buttoned or zippered one for easy-on and off wear.

7) a scarf in case of need

8) for August 20:

something you think “nice” and comfortable to wear at the Opening Event followed immediately by the Reception to be announced

9) for August 24, the Gala Dinner:

something comfortable, practical, not necessarily a dress and absolutely no high-heels!

10) please report if you have any **food allergies** and describe what has to be avoided

We would also be most grateful if everyone involved would let us know the excursions you plan to partake in, at your earliest convenience please.

- As you know there is No Conference Registration Fee.

- For partaking in the outings:

Bus fare of 15 Euros each for the following excursions:

to Eckerö: August 21

to Bomarsund: August 22 with dinner on site for 12.50 Euros

to Hamnsundet: August 23

The Bus fare to Kökar is 20 Euros + Lunch and Dinner onboard

The Bus fare to the Gala Dinner is 10 Euros and the dinner is 55 Euros

Total: 130 Euros

However, if you register for all five events the charge will be 115 Euros.

**Wishing you very welcome to Åland –  
the Island in the Middle of the Baltic Sea!**